

Blissful Nights

Motion Adjustable Base MODEL: M-1000



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Introduction

Thank you for purchasing a Motion Adjustable Bed from Blissful Nights. We are confident that you will enjoy your new adjustable bed for years to come. If you have any questions with regards to your new adjustable bed, please don't hesitate to contact us at 800-723-0316. Our goal is to provide you with an excellent product and superior customer service.

Features of the Motion Adjustable Bed

- The Motion Adjustable Bed 'Silent' Motor System – this super quiet motor allows you to position your adjustable bed with minimal operational noise.
- Undercarriage is made with reinforced steel components for strength and durability.
- Wired remote control with simplified design for ease of use.
- Emergency backup battery box in case of an electricity outage.
- The adjustable bed base fits easily into most bed frames.

Serial Number

Please have this serial number available whenever contacting Blissful Nights Customer Service.

Quick Set-Up Guide

The adjustable base is delivered as a complete unit. The only loose items in the box should be the following:

- 1 Wired Remote Control
- 4 – 7 ½" Legs
- Power Cord (3 Pieces – Motor Power Cable, AC/DC Power Adapter and Power Cord Plug)
- Split King Base Connector Brackets (Only included with Twin XL bases)

Step 1: Un-pack the adjustable base by carefully cutting the plastic bag to remove the adjustable bed. **CAREFULLY** turn the adjustable base on its side (it may require two people to do this).

Step 2: Locate the box with the legs and screw the legs into the pre-drilled holes by hand. The legs must be installed onto the adjustable base, the base will not operate properly without them.

Step 3: If using the Split King Base, locate the Connector Brackets and refer to the instructions for **Joining Two Twin XL Adjustable Bases** on Page 5 for installation.

Step 4: Assemble the Power Cord which includes the Motor Power Cable and AC/DC Power Adapter with Power Cord Plug as shown on Page 4.

Step 5: After assembling the power cord, plug the Motor Power Cable into the Motor Power Cable Connection located on the undercarriage of the adjustable bed and plug in the Wired Remote Control Cable into the Wired Remote Control Connection on the undercarriage of the adjustable bed.

Step 6: CAREFULLY turn the adjustable base over and place the adjustable base on all 4 legs (this may take two people to do this) and plug the bed into a power outlet or surge protector.

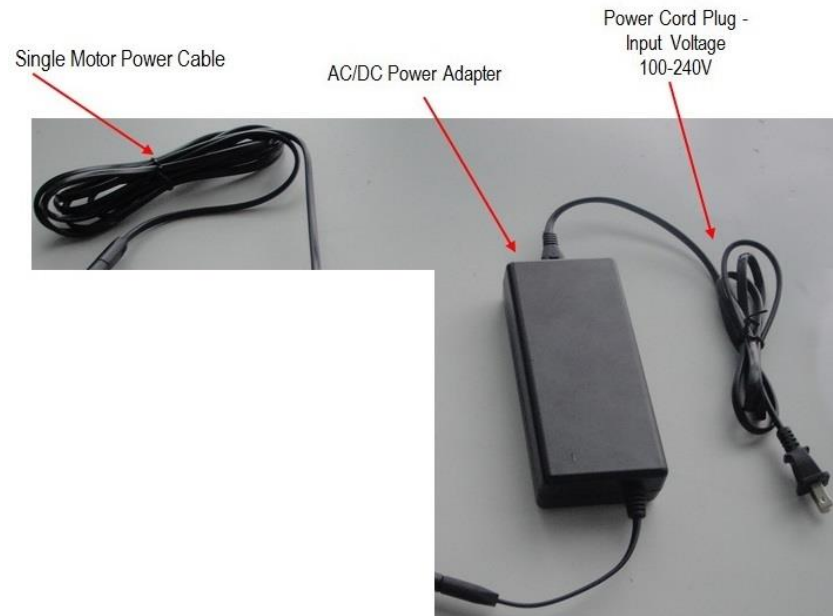
Step 7: Install the mattress retainer bars, refer to the instructions for the **Mattress Retainer Bar** on Page 7.

Step 8: Test the bed by pressing the Head and Feet “Up” and “Down” buttons to make sure the bed is properly functioning, See **Test All Functions** on Page 9.

Step 9: Place mattress on adjustable bed base once the bed is plugged in and functioning correctly.

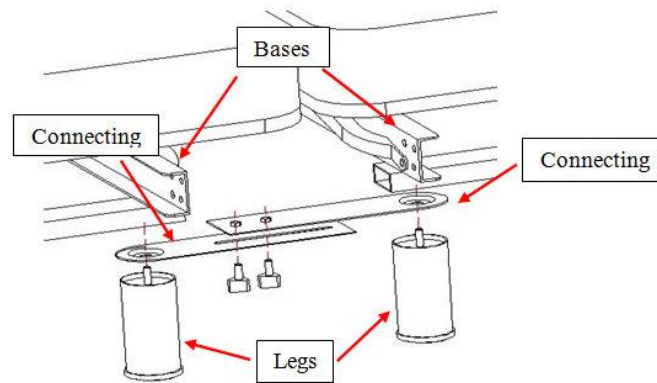
CAUTION: Do not place the adjustable bed base or any of its components near or in water.

Power Cord Set Up



Joining Two Twin XL Adjustable Bases

If a split setup is being installed, metal connector brackets are provided (one per base) to secure the bases together. The brackets connect the bases together at the leg. To install the connector brackets, remove the star knobs from the connector bracket and slip the threaded bolt of the legs through the desired hole in the connector bracket before screwing the legs into the bed base. Once each base has a connector bracket installed on the corresponding leg, the bases can be connected by screwing both of the star knobs back into the connector brackets.



Mattress Retainer Bars

To install the mattress retainer bar:

1. Locate the chrome mattress retainer bar(s) in the packaging.
2. Underneath the foot of the base, there are two brackets to insert the mattress retainer bar. Slide the large retainer bar into the brackets at the foot of the bed and small retainer bars into the side brackets on the side of the bed.
3. Snap the lock in lever into place over the groove of the retainer bar. This will hold the mattress retainer bar in place. (see Figure 1 through Figure 3 below).

Figure 1:



Figure 2:

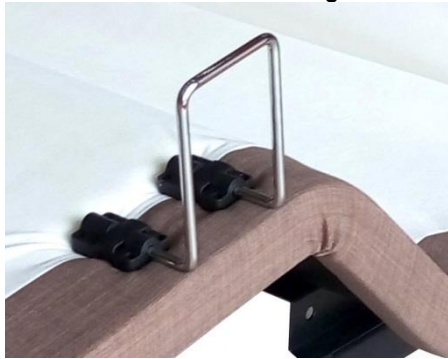


Figure 3:



Mattress Retainer Bar Diagram

Side Retainer Bar Diagram:

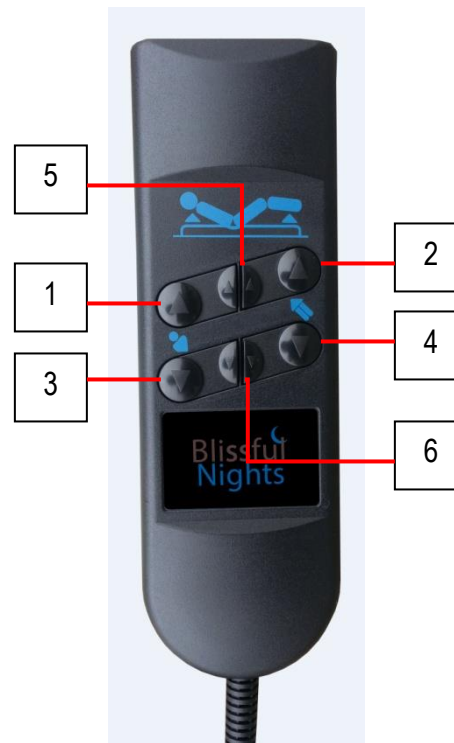


Foot Retainer Bar Diagram:



Remote Control Features

The Motion Adjustable Bed remote control includes the following functions:	
1	This button will make the Head actuator go up
2	This button will make the Foot actuator go up
3	This button will make the Head actuator go down
4	This button will make the Foot actuator go down
5	These buttons, when held together at the same time, will make the Head & the Foot actuator go up simultaneously
6	These buttons, when held together at the same time, will make the Head & the Foot actuator go down simultaneously



Test All Functions

To ensure proper set up, use the remote control and test all of the functions for 3 seconds.

- Head Raises
- Foot Raises
- Flat Position



Weight Recommendations and Limits

The recommended weight restriction for the Motion Adjustable Bed is 700 pounds, which is calculated to include the weight of the mattress. In order to calculate the weight limit subtract the weight of the mattress from 700 pounds. The bed will support the recommended weight limits if distributed evenly across the base. This product is not designed to support or lift the total maximum weight limit by the head or the foot section only. Consumers should not enter or exit the bed with any portion of the adjustable bed base in the raised position. Always return the adjustable bed base to a flat position before entering or exiting the bed. Do not sit on the head or foot section of the bed while the bed is in a raised position. If the weight limit is exceeded on the head or foot mechanism, the master controller will stop all functions. Exceeding the recommended weight restrictions could damage the bed and void the warranty.

Operating Noises

The Motion adjustable bed comes with a massage feature. The massage function emits a noticeable tone during operation. As the massage intensity level is increased, the tone will intensify. The noise will be less audible on a carpeted floor and a bit more noticeable when on a hard floor surface.

During typical operation, the wheels, which allow the bed to articulate, will make contact with the steel platform supports of the base creating a contact noise. When entering, exiting or shifting weight on the base, this contact noise may be audible as the wheels make contact with the steel platform supports of the base. This is normal.

Troubleshooting Guide

If one or more functions on the bed base have stopped operating:

- Check under the bed base to verify that the wired connections are secure and that there are no cords or bedding obstructing the movement of the base.
- Check that the power cord is assembled properly.

If the head or foot mechanisms will elevate but will not return to the flat position:

- Check the undercarriage for obstructions.
- Remove any obstructions away from the head and foot mechanisms and return the base to its flat position.

If you have any questions regarding this product or if you need assistance with set up and troubleshooting, please call Blissful Nights Customer Service: 1-800-723-0316.

Adjustable Base Undercarriage

